HiAP Workshop: Nutrition and Intersectoral action:

Case study salt iodization

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Regional Office for the Eastern Mediterranean





A vision for nutrition work in 2015-2020:

Accelerating progress to achieve the WHA-endorsed Global Nutrition Targets and respond to ICN2 commitments





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Framework for Action 60 policy and programme options

- Sustainable food systems promoting healthy diets COND INTERNATIONAL CONFERENCE ON NUTRITION
- International trade and investment
- Nutrition education and information
- Social protection
- Health systems delivery of direct neuronal interventions and health services to the nutrition
- Water, sanitation and hygiene
- Food safety



Food and Agriculture Organization of the United Nations



The post-2015 sustainable development agenda

τ	United Nations		A/68/970
٢	General Assembly	Distr.: General 12 Angust 2014 Original: English	
Sixty-eighth set Agenda items 1	ssion 4, 19 (a) and 118	,	
Integrated and coordinated implementation of and follow-up to the outcomes of the major United Nations conferences and summits in the economic, social and related fields			
Sustainable development: implementation of Agenda 21, the Programme for the Further Implementation of Agenda 21 and the outcomes of the World Summit on Sustainable Development and of the United Nations Conference on Sustainable Development			
Follow-up to the outcome of the Millennium Summit			
Report of the Open Working Group of the General Assembly on Sustainable Development Goals			

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Sustainable development goals

Goal 1. End poverty in all its forms everywhere

Goal 2. End hunger, achieve food security and improved nutrition and promote sustainable agriculture

Goal 3. Ensure healthy lives and promote well-being for all at all ages

Goal 4. Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all

Goal 5. Achieve gender equality and empower all women and girls

Goal 6. Ensure availability and sustainable management of water and sanitation for all

Goal 7. Ensure access to affordable, reliable, sustainable and modern energy for all

Goal S. Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all

Goal 9. Build resilient infrastructure, promote inclusive and sustainable industrialization and foster innovation

Goal 10. Reduce inequality within and among countries

Goal 11. Make cities and human settlements inclusive, safe, resilient and sustainable

Goal 12. Ensure sustainable consumption and production patterns

Goal 13. Take urgent action to combat climate change and its impacts*

 Acknowledging that the United Nations Framework Convention on Climate Change is the primary interastional, intergovernmental forum for negotiating the global response to climate change.

Goal 14. Conserve and sustainably use the oceans, seas and marine resources for sustainable development

Goal 15. Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss

Goal 16. Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels

Goal 17. Strengthen the means of implementation and revitalize the global partnership for sustainable development

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Prepared by Dr Ayoub Al Jawaldeh, RA Nutriton---

The causes of malnutrition are interconnected Lack of good Inadequate access Insufficient access CARE to to affordable, nutritious HEALTH for mothers & children & support for mothers FOOD on appropriate child feeding practices ROOTED Political & Cultural **D**is- empowerment **Poverty** of women Environment Prepared by Dr Ayoub Al Jawaldeh, RA Nutriton---

Nutrition-sensitive strategies increase the impact of specific actions for nutrition

Specific Actions for Nutrition

Feeding Practices & Behaviors: Encouraging exclusive breastfeeding up to 6 months of age and continued breastfeeding together with appropriate and nutritious food up to 2 years of age and beyond

Fortification of foods: Enabling access to nutrients through incorporating them into foods

Micronutrient supplementation: Direct provision of extra nutrients

Treatment of acute malnutrition: Enabling persons with moderate and severe malnutrition to access effective



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Nutrition-Sensitive Strategies

Agriculture: Making nutritious food more accessible to everyone, and supporting small farms as a source of income for women and families

Clean Water & Sanitation: Improving access to reduce infection and disease

Education & Employment: Making sure children have the nutrition needed to learn and earn a decent income as adults

Health Care: Access to services that enable women & children to be healthy

Support for Resilience: Establishing a stronger, healthier population and sustained prosperity to better endure emergencies and conflicts

Key elements and tools in nutrition (tool-kit)

Country joint action- planning and coordination

Knowledge sharing Financing and resource mobilization

Communication s and advocacy

Situation gap analysis Intervention prioritization tools Cost estimates and budgeting tool Resource maps M&E approach

Change management skills to facilitate, support country teams Acting at scale guides, case studies, resource lists, library and other publications

Networking tools and services

Navigators to help field practitioners to link to people and documents Global funding source surveillance

Proposal writing tools and support to country mobilization of funds to implement at scale

Global resource mobilization

Global reporting on country activities and progress

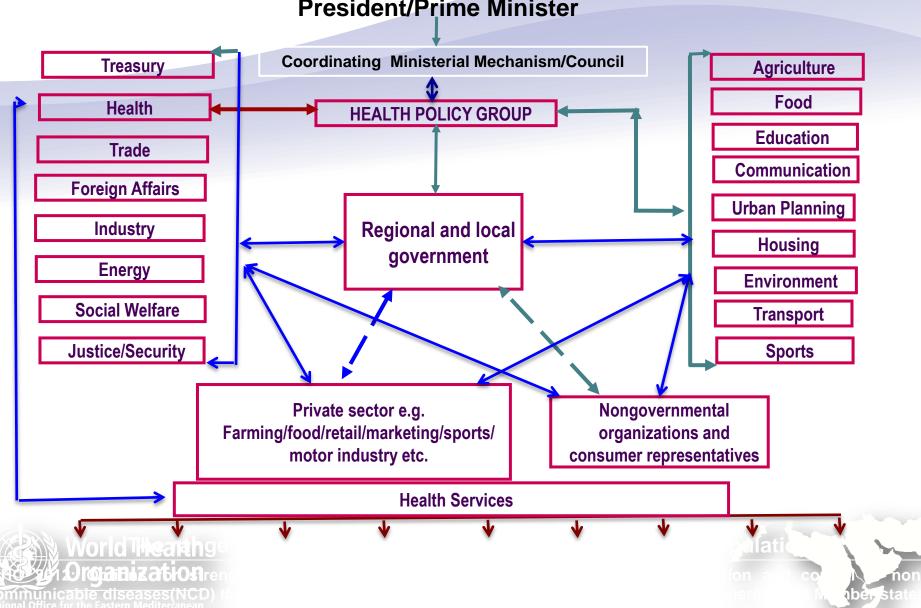
Information resources

living website; e-newsletter; short video; info pack (several factsheets) RM brochure





Proposed WHO policies agreed at the UN General Assembly 2011.



President/Prime Minister

Salt iodization – success story key partners

Intersectoroal coord.

- Health
- Trade
- Industry
- Education
- Agriculture
- Finance
- Local Government
- community

UN/ NGOs

- WHO
- Iodine Global Network (IGN)
- UNICEF
- GAIN
- CDC
- MI
- USAID
- National and Regional NGOs
- Industry



HiAP: Multiplicity of stakeholders in a food fortification

Economists & Statisticians.....

Researchers & Academics......

Public Health Authorities......

Manufacturer & Govt – Coms

Food Control of Govt.....

QC of Manufacturer.....

Food Manufacturer.....

Premix Manufacturer.....

Cabinet & FDA.....

Ministry of Health.....

Academics & PH Advocates....

Benefit-cost analysis Assessment of impact Assessment of coverage Social marketing Education External quality control & enforcement Internal quality control Production of fortified food Supply of micronutrient premix Legislation & standards Endorsement of FF as effective strategy Evidence, science, justification, proposal



Regional Office for the Eastern Mediterranean Source: Adapted from Omar Dary in Sight and Life Magazine, 2009



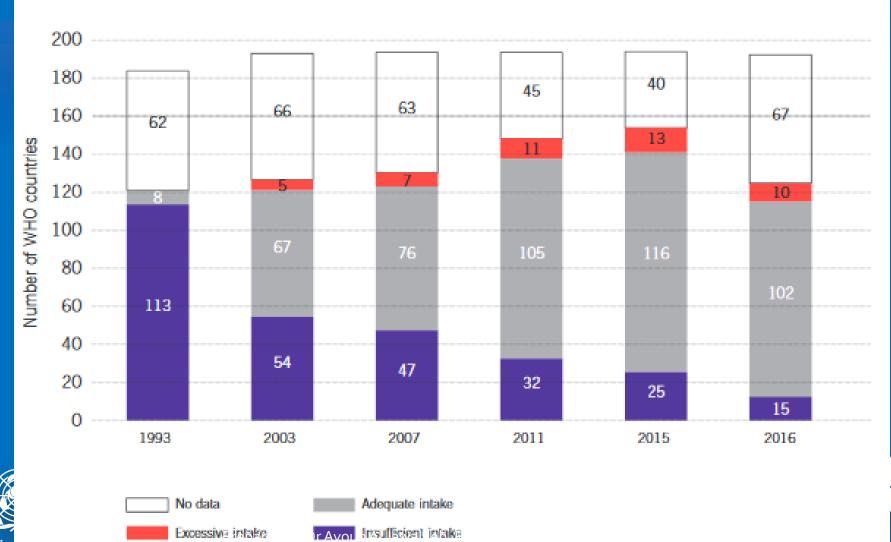
lodization of salt for the prevention and control of iodine deficiency disorders

- Iodine is essential for healthy brain development in the fetus and young child. Iodine deficiency negatively affects the health of women, as well as economic productivity and quality of life.
- Most people need an additional source of iodine as it is found in relatively small amounts in the diet. Iodization is the process of fortifying salt for human consumption with iodine and is an effective strategy to increase iodine intake at the population level.
- The public health goals of reducing salt and increasing iodine intake through salt iodization are compatible as the concentration of iodine in salt can be adjusted as needed.
- Monitoring the levels of iodine in salt and the iodine status of the population are critical for ensuring that the population's needs are met and not exceeded.





The number of iodine deficient WHO countries has declined between 1993 and 2016. The trend can be seen clearly despite the changes in data coverage. In 1993, the estimate is based on total goiter rates (TGR) (6), and later on urinary iodine concentration (UIC)



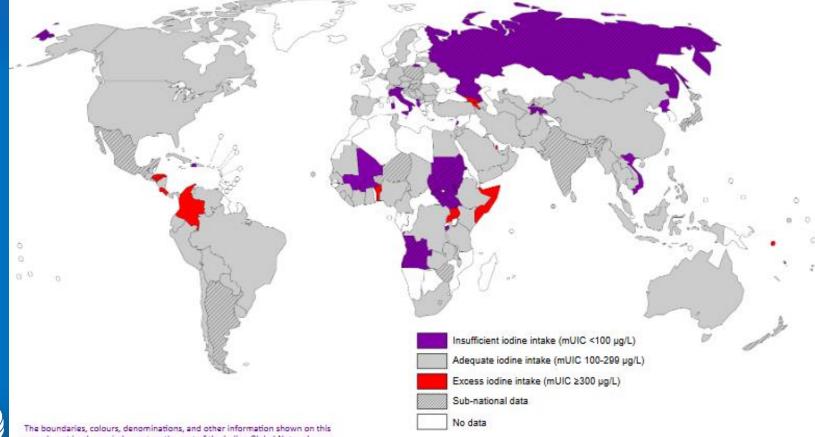
Regio

Global and Regional iodine deficiency among school-age children



Global Scorecard of Iodine Nutrition 2016

Based on median urinary iodine concentration (mUIC) in school-age children





The boundaries, colours, denominations, and other information shown on this map do not imply any judgment on the part of the lodine Global Network concerning the legal status of any territory or the endorsement or acceptance of such boundaries. Key elements considered in building Global nutrition programmes

- Promote nutrition, health, equity, and sustainability
- Support intersectoral collaboration
- Benefit multiple partners
- Engage stakeholders
- Create structural or procedural change



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Lessons Learned

- 1. Nutrition issues are linked to health, industry, trade, water, social, political & economic issues, therefore
- 2. Implementation of policy based only on one or two factors will achieve less than optimum results.
- 3. Although it's a successful project, however, require an integrated, sustained program of shared responsibility that includes policies, standards and monitoring to produce effective results.
- Social protection interventions can contribute to enhance sector outcomes by removing barriers to access and use of health and nutrition services and goods and contribute to equitable outcomes.









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