



Webinar

Health in All Policies in Québec: Working Across Sectors to Promote Health and Equity

Monday, January 30, 2023
12:30 to 1:30 p.m. EST



Global Network for Health in All Policies

In partnership with:

Québec 

Simultaneous translation

- Webinar will be led in English, with a presentation + interventions in French
- Simultaneous translation is available in English and in French



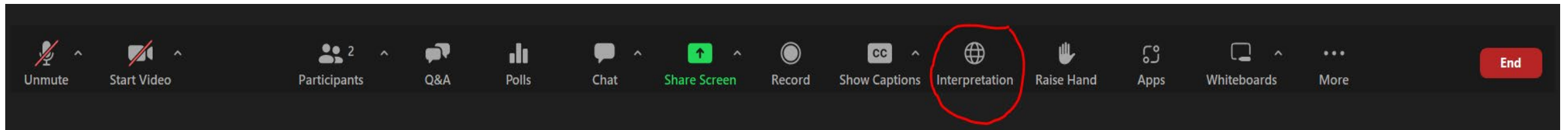
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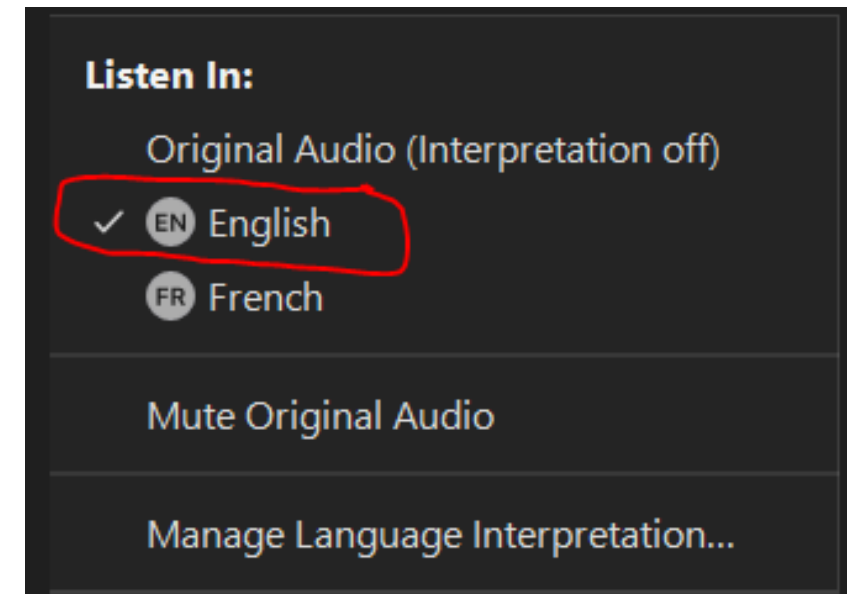


To access simultaneous translation

1. Click  Interpretation



2. Click the **language** that you would like to hear





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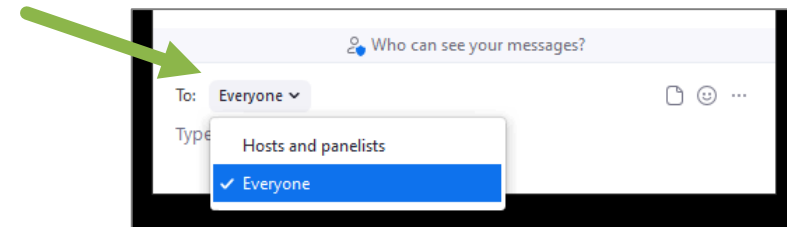
Québec 

Other technical information

- **Q&A**
- Questions for presenters, technical questions



- **Chat /**
- Discussion among all participants, please select Send to: Everyone





Government Policy for Health Prevention

Québec and Health in All Policies



Dr Horacio Arruda
January 30, 2023

Presentation outline

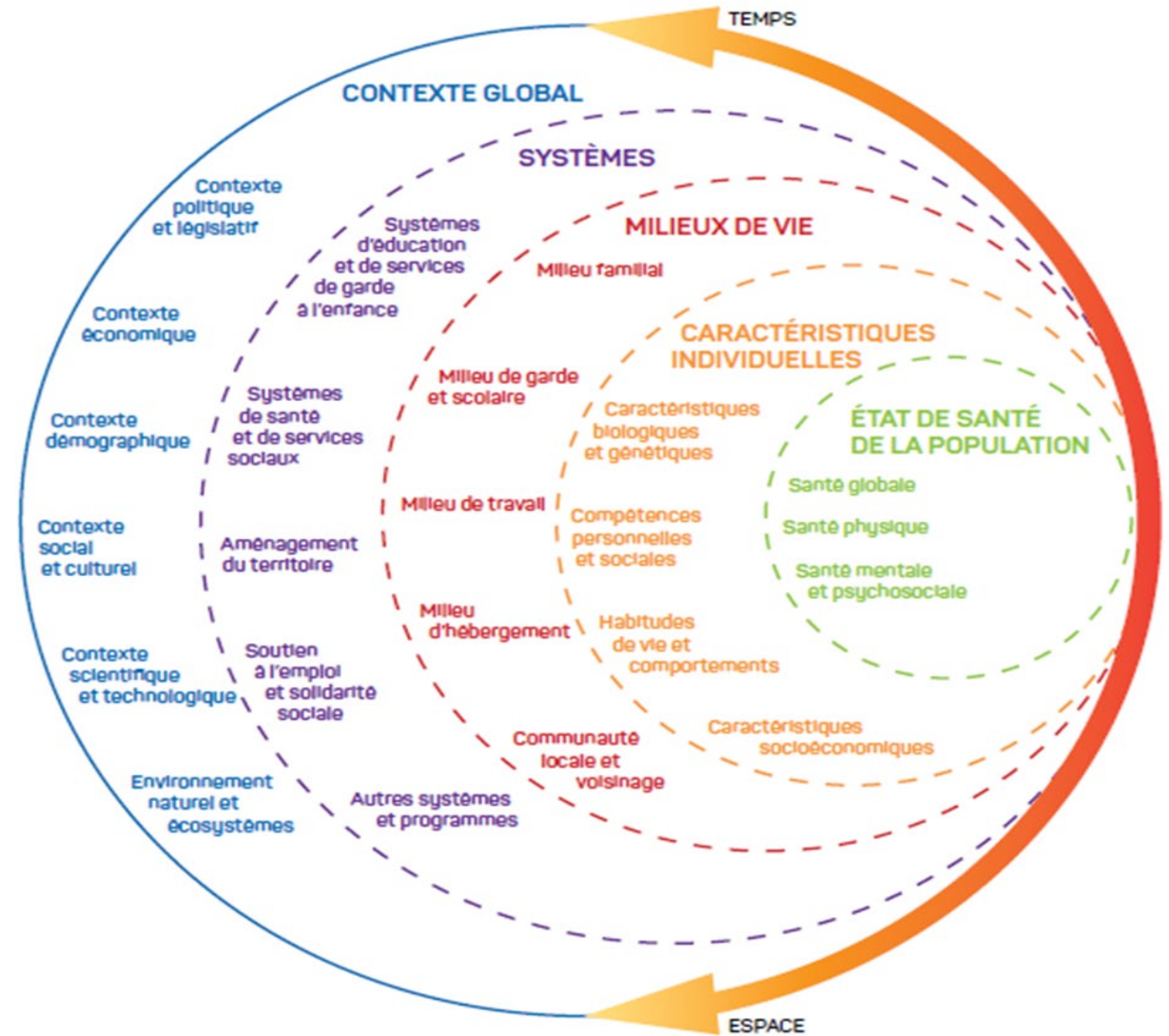


**Government Policy for
Health Prevention**

A concerted project to improve
population's health and quality of life

1. Introduction: Determinants of Health and the Sustainable Development Goals
2. The Government Policy for Health Prevention
3. Accomplishments during the 1st Interdepartmental Action Plan (2017-2022)
4. Success Conditions, Lessons Learned and Some Challenges

1. Introduction: Determinants of Health





SUSTAINABLE DEVELOPMENT GOALS



2. The Government Policy for Health Prevention 2015-2025

4 orientations

Work with **youth** to develop their **abilities** throughout their lives

Create **safe and healthy communities** and promote **wellbeing** and **healthy living**

Improve **living conditions** and health prevention for **persons in vulnerable situations**

Strengthen **prevention** in the **health system**

visant l'atteinte de **11 objectifs spécifiques**



traduits par **28 mesures**



opérationnalisés par **100 actions**



3 cross-cutting elements:

- More effectively **take into account vulnerable populations** and issues related to **social inequalities in health (SIH)**.
- **Actively involve the whole of society** in health prevention and the reduction of social inequalities.
- Establish forms of **intersectoral governance** where **responsibility** for health prevention is **shared**.

2. The Government Policy for Health Prevention

9 ambitious targets

11



Increase to **80%** the proportion of **children who start school without** vulnerability factors



Increase by **20%** the proportion of **12 to 17 year old** who are **active** during leisure and travel time



Achieve a **high level of emotional and psychosocial wellbeing** in at least **80%** of the population



Achieve a minimum consumption of **5 fruits and vegetables every day**, in more than half of the population



Ensure that **90%** of **municipalities** with 1,000 or more inhabitants adopt measures for developing **communities that promote safety, sustainable mobility, healthy living and a high quality of life**



Reduce to **10%** the proportion of **smokers**



Increase by **18%** the number of seniors receiving **home support services**



Reduce by 10% the gap in **premature mortality** between the most socioeconomically disadvantaged and the most advantaged



Increase the supply of affordable, social and community **housing** by **49%**

3. Accomplishments during the 1st Interdepartmental Action Plan (2017-2022)

- Deployment of more than **1,200** local, regional and national projects and events;
- Financial support for more than **225** local and regional non-governmental organizations to carry out initiatives promoting positive parenting practices and healthy lifestyles;
- Consolidation of some **40** regional and national consultation bodies;
- Completion of some **40** research, demonstration and health impact assessment projects;
- Development and distribution of nearly a **100** training courses, tools and guides to build health-enhancing environments.

4. Success Conditions for Health in All Policies in Québec

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- ✓ Clear distribution of roles and responsibilities of the actors involved;
- ✓ Open communication between stakeholders;
- ✓ Expectations (actions, timetables) stated in concrete terms;
- ✓ Shared vision and goals.

4. Lessons learned...

- Health sector leadership is essential, but insufficient;
- Necessary ability to seize opportunities and demonstrate agility;
- Importance of sustainable, predictable and flexible funding.

4. ... and a few challenges

- Make the Policy for Health Prevention better known
- Strengthen governance
- Develop new alliances



Source: M361



Thank you!
Merci!



— D É M A R C H E —

Prendre soin de notre monde

Municipalities at the Heart of Action on the
Determinants of Health

Denis Marion

Pour la qualité de vie des citoyens



— DÉMARCHE —
**Prendre soin
de notre monde**

Presentation outline

- Evolution of the municipal world: Accelerating change
- Municipal jurisdiction and the determinants of health: Health in All Policies at the local level

The municipal world in Québec



- Local level
 - The city, the village
 - Proximity action
- Supralocal level
 - the Regional county municipality, the Agglomeration, the Metropolitan Community
 - Inter-municipal cooperation and coordination



— DÉMARCHE —
**Prendre soin
de notre monde**

Supportive environments

- Assessing environments
 - Limit or strengthen individual choices
 - The will to act and the power to act
 - Allows development of a new perspective on municipal action

Prendre soin de notre monde (Taking care of each other)



- The *Prendre soin de notre monde* initiative (Taking care of each other initiative)
 - Involve municipal actors in reflection and action at the outset of any endeavour;
 - Adopt an approach focused on the interests and needs expressed by municipalities and regional county municipalities;

Prendre soin de notre monde (Taking care of each other)



- The *Prendre soin de notre monde* initiative (Taking care of each other initiative)
 - Orienting work with respect to municipalities' projects, and taking into account existing approaches, levers, tools and programs;
 - Optimizing the contribution of partners by facilitating cooperation, cohesion and consistency.

Evolution of the municipal world: Accelerating change



- Contribution of the municipal level within Québec society
 - From “Think locally, act locally”
 - To “Think globally, act locally”

Evolution of the municipal world: Accelerating change



"If I understand correctly, we used to take care of the sidewalks; now we also take care of the people walking on them."

Evolution of the municipal world: Accelerating change



- Actions under the jurisdiction of the Government of Québec
 - Local and regional economic development
 - Cultural policies
 - Family and Seniors Policies
 - Student retention
 - Combating poverty

Evolution of the municipal world: Accelerating change



- Three factors that help explain the change
 - The Government of Québec is seeking support for achieving its objectives
 - Arrival of new cohorts of elected officials interested in these issues
 - Pressure from the population

Municipal jurisdiction and the determinants of health: Health in All Policies



- Areas of municipal jurisdiction that have an impact on the determinants of health
- The Plan d'action interministériel (interdepartmental action plan) of the Politique gouvernementale de prévention en santé (governmental health prevention policy) and the Québec Public Health Program
 - Acting on determinants:
 - A common area of intervention

Municipal jurisdiction and the determinants of health: Health in All Policies



Even without intending to, municipalities
have an impact on health



Conclusion




- The municipal world: A changing universe
- Building trust and the necessary respect
- More than 1300 municipalities, that don't all have the same resources



Conclusion

Given the increasing convergence between work carried out at the local and supralocal levels in Québec and the objectives of health promotion and prevention, the public health network now has an ally in acting to address the determinants of health, namely, the municipal world, an important actor at this level of intervention.





— DÉMARCHE —

**Prendre soin
de notre monde**

Thank you!

Questions and comments.

English and French Question Period



In partnership with:



Next steps

- ☐ Thank you to all participants, speakers, people on my team, from the MSSS and interpreters
- ☐ Webinar evaluation + webinar recording
- ☐ Register to the Global Network for Health in All Policies (GNHiAP) distribution list at:
<https://actionsdg.ctb.ku.edu/about-us/gnhiap-distribution-list/>.

Thank you!

Merci!



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